

PACKING LIST

Don't forget: Less is more!

Essential Items

- Passport
- Visa
- Insurance
- Vaccinations
- Credit Card & Debit Card
- Money
- International driving license

Toiletries

- Biodegradable soap
- First Aid Kit
- Trash bag
- Razor & Shaving Cream
- Toothbrush & Toothpaste
- Contraception
- Personal medicines
-
-
-
-



Clothing

- 3 T-shirts
- 1 long sleeve shirt
- 1 thermal base layer
- 1 fleece or lightweight sweater
- 1 down jacket
- 1 pair hiking pants
- 1 pair of shorts
- 4-5 pair shorts & underwear
- 1 pair of shoes
- 1 pair of sandals or water shoes
- 1 hat
- 1 pair of sunglasses
- 1 pair of gloves
- 1 buff or neck gaitor
- 1 travel towel
-
-
-

PACKING LIST

Don't forget: Less is more!

Useful Items

- Padlock
- Sunscreen
- Earplugs
- Book
- Sitting pad
- Notebook & Pen
- Ziplock bags

Electronics

- Smartphone
- Chargers
- 2 power banks
- GoPro
- Drone
- Headlamp
- Universal adapter
-
-
-
-



Other Outdoor Items

- Small Axe
- Foldable saw

Other Outdoor Items

- Multi tool
- Fire starter
- Paracord
- Small Trowel
- Duct tape
- Needle & Thread
- Zip Ties
-
-

Navigation

- Paper map
- Compass
- Offline Map
- GPS Device
-

PACKING LIST

Don't forget: Less is more!

Food & Water

- Compact camping stove
- Gas canister
- Lighter
- Cooking pot
- Spork
- Knife
- Simple meals
- Simple Meals
- Backup food
- Water filter
- Purification tablets
-
-
-
-
-
-



Backpack

- Backpack
- Day pack

Sleeping System

- Tent
- Sleeping bag
- Sleeping mat
- Tarp
- Ground sheet
- Stakes
- Mosquito net
- Sleeping bag liner
- Pillow

Other

-
-
-
-
-